

Good Morning Ketcham Nation!

Today is Day 6

Today's Motivation: Success usually comes to those who are too busy to be looking for it.

CROSS COUNTRY

Congratulations to Abby Kowalczyk for finishing 10th in her race and 13th overall out of 332 runners at the Bowdoin Classic on Saturday. Elizabeth DelRosso joined the RCK XC Elite Club with her performance. For the boys, Captains Isaac Menjivar, Matt Kowalczyk and George Soyka led the team with outstanding performances. Overall, nearly every boy set a personal best on the Bowdoin course. Great job athletes!

ASL CLUB

The next ASL Club meeting will be Monday, September 30th in room 358 after school. Come learn how to sign numbers. We will also be playing BINGO for prizes and talking about upcoming events in October. See you then!

DEBATE SOCIETY

Debate Society will meet Wednesday (10/2) and Friday (10/4) this week after school in Room B4. Members can check the Google Classroom for topics and further information. For further information, contact Mr. Brunelli.

COLLEGE VISITS

Check the RCK calendar or Guidance Office for a list of upcoming college visits. Remember, you must be registered in SCOIR to attend.

<https://www.wappingersschools.org/Page/8447#calendar3141/20241028/month>

GIRLS BASKETBALL

Open gyms for all those interested in playing basketball this winter... Open Gyms this week: Monday and Wednesday from 2:30 - 4:00...any Q's, see Coach Mealy

BOYS BASKETBALL

The next open gym for Boys Basketball is on Wednesday October 2 from 4:30-6:00.

UNICEF CLUB

Are you interested in quality community service, advocating for the human rights of war victims and children, and a fun after-school activity? Then UNICEF is the club for you! Join the GC for more info! GC: ovydeut

PINK OUT SHIRTS

Get your KetchamNation pink out shirt. Order forms in main office or see Ms. Bunt (241) or Ms. Cachon (293). Orders due date has been extended to Wednesday 10/2. Shirts are \$20. Help support our PTSA.

SENIOR PARKING

Seniors must complete the MANDATORY Cape Driving seminar to obtain a parking permit at RCK. The 2024 make-up sessions will be held in-person at Spackenkill HS and Pawling HS. Please plan to arrive at 6:30 PM for registration. The program begins promptly at 7:00 PM.

Spackenkill High School - Tuesday, October 15

Pawling High School - Monday, October 28

POKEMON CLUB

Pokemon Club will be meeting Wednesday 10/2 in Room 255 with Mrs. Sivco. All are welcome to attend

PURCHASE YEARBOOK

Purchase your yearbook at buytheyearbook.com School Code is 722673. EARLY BIRD SPECIAL UNTIL DECEMBER 31st. YEARBOOKS HAVE SOLD OUT THE LAST THREE YEARS. Don't miss out. Cost \$100.00 price increases January 1st.

TRIBUTE ADS FOR SENIORS

Celebrate your senior's journey and achievements with a special tribute ad in this year's yearbook! It's a perfect way to commemorate their hard work, memories, and milestones as they prepare to graduate.

Don't wait until the deadline! Secure your tribute ad now to ensure it's included. Spaces are limited, and waiting until the last minute could mean missing out on this unique opportunity.

Visit <https://www.tributeads.com/> to purchase and design your tribute ad today. DEADLINE is 2/7/2025. Let's make this yearbook one they'll cherish forever!

PICTURE MAKE UP DAY

If you missed getting your picture taken this year please make sure you do so on October 22nd in the maker's space (rm 214). Ask your teachers if you may go or you may go during a lunch or study hall.

FRENCH HONOR SOCIETY

The French Honor Society will be meeting after school in room 343 on Friday, October 11th to discuss upcoming events such as the Bonfire and the Bake Sale. All members are encouraged to attend.

LEARNING CENTER

The Learning Center is now opened for business. Peer tutors are available to help struggling students to succeed to the best of their ability. If you'd like to get help in any of your subjects, just e-mail Mr. Cunningham (or see him in room 258) and let him know what subjects you need help in. He will do his best to find a tutor for you. Keep in mind that this is a volunteer program, so no guarantee can be made that a tutor will be found.

WEIGHT ROOM

The Weight room will be open for all students on Tuesdays & Thursdays 6:50am-7:20am with Mr. Mealy & after school 2:30-3:30pm with Mr. Perry. You may take the late bus home if you need to. Google Classroom Join Code: ioaesrv

ATTENTION SENIORS

Check out our scholarship page at <https://www.wappingersschools.org/Page/8613> Click on the 2024-2025 Scholarship Summary. Scholarships are also posted in the Class of 2025 Google Classroom and hard copies are available in the Guidance Office. New Scholarships are posted weekly depending on availability.

RCK APPAREL

Please consider supporting Ketcham Cross Country by purchasing something from our apparel store. Your contribution directly benefits our team, and we truly appreciate your support.

<https://www.hometownapparel.com/rck-xc>

STUDENT COUNCIL

We're excited to invite you to our meetings every Tuesday at 2:30 PM in the Cafeteria! This is a great opportunity to share your ideas and help plan upcoming events. At our next meeting, we'll be discussing Spirit Week, and we'd love to hear your thoughts! Don't forget to join our Google Classroom for updates. We can't wait to see you there!

<https://classroom.google.com/c/NzEyOTUxMjY3ODIz?cjc=76sszjl>

SEAL OF BILITERACY

Are you a Junior or Senior in level 5 language this year? Do you speak ANY language other than English at home? The New York State Seal of Biliteracy is for you! Come to the introductory meeting on Thursday, September 26th after school in room 342 to find out more. We will go over the process for obtaining the Seal, as well as incorporating the Civic Seal of Readiness. Speak to your language teacher, or see Sra. Flanagan in room 342 or Ms. Kosiner in room 346 if you have questions. All are welcome!

PSAT

Attention Juniors. PSAT registration deadline is Monday October 7. The exam will be offered at RCK on Saturday October 26. We recommend that Juniors planning to apply to four-year colleges next year sit for this exam. The PSAT is a practice exam for the SAT and the National Merit Scholarship qualifying test. Please use this link: <https://www.wappingersschools.org/Page/23772> for more information about the exam and for registration details. Please contact your school counselor with any questions.

LACROSSE

Any girls interested in playing lacrosse this spring, please email coach Rowan (sean.rowan@wcsdny.org) to be added to the google classroom. All information regarding off-season workouts will be posted there.

SENIOR PORTRAITS

SENIORS do not wait to get your Senior Portrait done now. All SENIOR PORTRAITS must be completed through Legacy Studios by December 31st. Next set of dates are 10/28-11/1. Make your appointment today! <https://seniors.legacystudios.com/roy-c%20-ketcham-hs/>

PTSA

Joining the PTSA helps to support many events and activities here at RCK. Your membership also helps to support scholarship opportunities. Become a member today here:

<https://rck.givebacks.com/store?limit=21&live=true>

ACTIVITY PASS

Reminder: any student who stays after school for any reason (clubs, athletics, etc) must obtain a pass from their teacher, coach or advisor. You must have a pass in order to take the late bus.

Have an announcement? Send it to rck.announcements@wcsdny.org

Make this a great day RCK and remember to go #All In All Ways.

Your principal,
Dave Seipp